

BEFORE

-  Be aware of fire evacuation and earthquake plans for all of the buildings you occupy regularly
-  Identify safe shelter places against an interior wall away from windows, bookcases, or tall furniture that could fall on you.
-  Make sure your home is securely anchored to its foundation.
-  Bolt and brace water heaters and gas appliances securely to wall studs
-  Secure heavy bookcases, china cabinets and other tall furniture to wall studs
-  Do not hang heavy items, such as pictures and mirrors, above beds, couches and anywhere people sleep or sit
-  When storing items in cabinets, try and keep the heaviest items as low as possible
-  Securely latch all cabinet doors so that heavy items cannot fall onto someone
-  Create and Practice an emergency plan for your home and family for all types of emergencies
-  Learn where each is located, and how to control your gas, water, and electric utilities
-  Keep your Emergency "Go Bag" updated, fully stocked, and within easy access for quick evacuations
-  Have a flashlight and sturdy shoes always at the ready, and know two ways out of your home.

DURING

-  Drop to the floor, seek shelter under a sturdy piece of furniture, and hold on
-  Stay away from windows to avoid injury from any breaking and falling glass
-  Shelter the elderly and small children around you during the shaking if possible. Provide reassurance to them as well
-  As soon as the shaking stops, evacuate the building immediately as soon as it is safe to do so
-  NEVER use an elevator to evacuate during an earthquake. ALWAYS use the closest stairway
-  Be prepared for Gas leaks, Power Failures, and Water Leaks. If you notice an issue, steer others away from that area
-  Once outside, move AWAY from all overhead utility lines and poles, and all high buildings, trees, streetlights....
-  If driving, find an open area and pull over and stop. Stay inside and buckled up until the shaking stops
-  Avoid driving across bridges and ramps that may have been damaged if possible
-  If a power line falls onto your vehicle, REMAIN INSIDE. Call for help. DO NOT TRY TO GET OUT OF THE VEHICLE.
-  When evacuating, be watchful for sharp and hazardous debris or conditions all around you
-  Stay calm, and be aware of where you are and what it is that you must do after the shaking stops
-  Try to protect yourself and others around you as much as possible until the initial shaking stops.

AFTER



ALWAYS be prepared for aftershocks. Some may be even stronger than the initial quake.



Check yourself for injuries first. Then check and assist all others that may be injured



As soon as possible, conduct a full accountability check for family and pets



Conduct a damage assessment of your property. Control any leaking utilities if possible



As soon as possible, locate and put on protective gloves, shoes, and clothing to prevent injury



Check to see if you have local phone service. ONLY report serious hazards or injuries to authorities



Check on, and assist others as much as possible, especially the elderly, handicapped, and children



Open doors and closets carefully, items may easily fall out and injure someone.



Watch out for fallen power lines, broken gas lines, and broken glass hazards.



Be prepared to extinguish small fires, and control utility leaks during damage assessment.



NEVER enter obviously damaged structures. Report any issues to emergency response personnel immediately

ALWAYS



Have an Emergency "GO BAG" ready and available in your Home, at Work, and in your Vehicles



Practice Earthquake Safety and Preparedness drills and exercises with your family, friends and co-workers on a regular basis



Have a Battery powered emergency radio at the ready to listen for important emergency instructions from authorities



Have adequate emergency, disaster, and survival supplies easily accessible at home, work, and in your vehicles



Be aware of community resources and their locations that can provide disaster relief and assistance



Maintain adequate insurance coverages to protect your family and property



Learn and maintain CPR-AED and First Aid Skills



Establish an out of the area contact person or relative that can be advised of your families condition and location



Conduct and maintain safe conditions at home and work regarding earthquake safety preparedness action steps



Know where you are at all times. Building address, what floor you are on, room number you are in, Street you are on...



Contact Command-Solutions for all of your Disaster and Emergency Preparedness needs. 314-409-5304